



İrem Çağla ÖZEL, Ph.D.

Assistant Professor

Atılım University

Department of Nutrition and Dietetics

06830 İncek, Gölbaşı, Ankara/TURKEY

cagla.ozel@atilim.edu.tr

Tel: +90 312 586 61 21

PERSONAL

Date of Birth	30.08.1994
Place of Birth	Giresun

EDUCATION

2020-2024	Ankara University, Nutrition and Dietetics, Ph.D.
2017-2020	Ankara University, Nutrition and Dietetics, M.S.
2012-2016	Hacettepe University, Nutrition and Dietetics, B.S.

ACADEMIC POSITIONS

2025-ongoing	Assistant Professor, Department of Nutrition and Dietetics, Atılım University, Turkey
2021-2025	Research Assistant, Department of Nutrition and Dietetics, Atılım University, Turkey

HONORS&AWARDS

1	TUBITAK-Doctoral Scholarship, TUBITAK, 2020-2024
---	--

RESEARCH INTERESTS

1	Community Nutrition
2	Nutritional Epidemiology

PUBLICATIONS

1	Özel, İ.Ç. , Erbaş Ünverdi, G., Serdar Eymirli, P. <i>et al.</i> The relationship between dental caries, dietary intake and body composition in school-age children. <i>Egypt Pediatric Association Gaz</i> 72 , 14 (2024). https://doi.org/10.1186/s43054-024-00255-5
2	Özel, İ.Ç. , Yabancı Ayhan, N. & Çetiner, Ö. Adaptation of Food Craving Inventory to Turkish culture: a validity and reliability study. <i>J Eat Disord</i> 10 , 144 (2022). https://doi.org/10.1186/s40337-022-00667-x

PROJECTS

1	Atılım University ATÜ-LAP-2021-08 Evaluation of the Relationship between COVID-19 Pandemic and Nutrition, 2020-2021, Researcher
---	---

CONFERENCE PRESENTATIONS

1	İrem Çağla ÖZEL , Nurcan YABANCI AYHAN. Yeme İsteği Envanteri'nin Türk Kültürüne Uyarlanması: Bir Geçerlik ve Güvenirlik Çalışması. 8.Uluslararası Beslenme Obezite ve Toplum Sağlığı Kongresi, 2022 (Oral presentation)
2	Sarıkaya B., Özel Ç. , Eroğlu Z., Sudağıdan M., Dursun AD. Development of a DNA Aptamer That Can Detect Gelatin Adulteration in Foods. Turkey 14th Food Congress; 19-21 October 2022 (Oral presentation)
3	I.Ç. Özel. (2021). The Relationship Between Dental Caries, Food Intake and Body Composition in School-age Children. <i>Clinical Nutrition ESPEN</i> 46 (2021) 544-786 (E-poster)

CITATIONS

Sum of times cited without self-citations (ISI Web of Science):	3
H-index (ISI Web of Science):	1

COURSES GIVEN

1	NUT308 - Community Nutrition, Atılım University, Department of Nutrition and Dietetics, Spring 2024-2025
2	NUT104 - Public Health Nutrition, Atılım University, Department of Nutrition and Dietetics, Spring 2024-2025